



mini
moments of reflection & learning



An hour a week ...

As you make a bracelet out of a piece of string and a single bead, reflect on the hour a week you have with a child or a group of children in one of your programs. Also reflect on the many hours a week children spend in other contexts ... especially their family.

[See reflection activity sheet for further details](#)



An hour a week ...

As you make a bracelet out of a piece of string and a single bead, consider the metaphor:
A single bead represents a single hour of the week which is represented by the length of the string.
There $1 + 167 = 168$ hours in a week.

Thread a bead onto a piece of string and tie it around your wrist. Ask for some help to do this if necessary.

Reflect on the hour a week you have with a child or a group of children in one of your programs.

Only one hour in the midst of all those other hours.

Reflect on all the other hours a week children spend in other contexts ... especially in the context of their family.

And the hour you do spend with that child or those children ... listen to God about this hour. How can it be more effective? How can the quality of relationships be improved? What is the essential, single learning point for that hour? How are you communicating that?

Be mindful of the inklings and hunches coming from God regarding this time.

And about the child's family ... what strategies could work for you in sharing your vision and working in partnership with families to extend your leadership and influence in a child's life beyond the hour you spend with them?

Listen to God about this. Be mindful of the inklings and hunches coming from God regarding your strategies.

Find some way to write or draw some of your responses.

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